



## UltraLean Strawberry Banana

Serving Size 2 level scoops (40 g)  
Servings Per Container 14

	Amount Per Serving
Calories	150
Calories from fat	35
Calories from saturated fat	4
Total fat	4 g
Saturated fat	1 g
Cholesterol	35 mg
Total carbohydrate	11 g
Dietary fiber	6 g
Soluble fiber	6 g
Sugars	2 g
Protein	19 g
Vitamin A (retinyl palmitate)	2000 IU
Vitamin C (ascorbic acid)	100 mg
Calcium (calcium pyruvate, whey protein)	121 mg
Iron (ferrous fumarate)	1 mg
Vitamin D (cholecalciferol)	197 IU
Vitamin E (D-alpha tocopheryl)	48 IU
Thiamin (mononitrate)	2 mg
Riboflavin	2 mg
Niacin (niacinamide)	30 mg
Vitamin B6 (pyridoxine HCl)	15 mg
Folate (folic acid)	200 mcg
Vitamin B12	250 mcg
Biotin	300 mcg
Pantothenic acid (calcium pantothenate)	150 mg
Phosphorus (whey protein)	67 mg
Iodine (potassium iodide)	75 mcg
Magnesium (amino acid chelate, citrate)	100 mg
Zinc (citrate)	10 mg
Selenium (sodium selenate)	50 mcg
Copper (amino acid chelate)	500 mcg
Manganese (amino acid chelate)	500 mcg
Chromium (amino acid chelate)	250 mcg
Molybdenum (citrate)	500 mcg
Sodium	170 mg
Potassium	230 mg
Guar gum ( <i>Cyamopsis tetragonolobus</i> )	300 mg
Phaseolamin (Northern white kidney bean extract)	300 mg
Calcium pyruvate	200 mg
Green tea leaf extract ( <i>Camellia sinensis</i> )	100 mg
Ornithine alpha-ketoglutarate	100 mg
Vanadium	25 mcg

continued on reverse

# ULTRALEAN STRAWBERRY BANANA

A FUNCTIONAL FOOD FOR WEIGHT LOSS & BLOOD SUGAR STABILITY\*

- Therapeutic levels of B vitamins
- Contains mineral citrates and malates for mitochondrial support\*
- Nutrients delivered in therapeutic amounts\*
- Specialty nutrients are added to enhance fat metabolism and blood sugar balance\*

ULTRALEAN STRAWBERRY BANANA functional food is designed to enhance fat loss while preserving lean tissue to support healthy body composition. UltraLean functional foods (also available in chocolate and vanilla flavors) are formulated to support healthy metabolic activity. Stimulants such as ephedra and ma huang are not used. Instead, UltraLean functional foods help promote fat cell metabolism only. That means no jitters, rapid heart rates, insomnia, heart palpitations, prostate swelling, or urinary retention. UltraLean functional foods are designed to be safe and effective.\*

UltraLean Strawberry Banana provides nutrients for science-based weight loss and blood sugar stability. It is a high-protein, low-carbohydrate, low-fat, multivitamin/mineral, specialty nutrient beverage that can be used long term with a balanced diet and exercise program to achieve your desired body composition goals.\*

**B VITAMINS** take part in numerous chemical processes, including maintenance of blood sugar balance and assisting in normal cellular metabolism. UltraLean functional foods provide therapeutic levels of B vitamins and can be used as a meal replacement, between meals (for blood sugar balance), or with a small, well-balanced meal to achieve weight loss goals.\*

**SELECTED CITRATE AND MALATE MINERAL CHELATES:** Minerals are critical to health and to the body's ability to properly maintain stable blood sugar levels. However, for minerals to be of any therapeutic benefit, they must be absorbed. Selected minerals in UltraLean functional foods are presented as citrates and malates to support cells' metabolic and enzymatic efficiency.\*

**CHROMIUM** levels found in the UltraLean functional foods, when consumed two to three times per day, has been shown to be nutritionally beneficial in balancing blood

# ULTRA LEAN STRAWBERRY BANANA

**RECOMMENDED DOSAGE:** Blend, shake, or briskly stir 1 serving (2 level scoops) into 8 oz. of water or beverage of choice one to three times per day or as direct by your healthcare professional.

All of the ingredients in UltraLean Strawberry Banana promote metabolism and blood sugar balance.\*

## REFERENCES:

1. Albarracin CA, Fuqua BC, Evans JL, Goldfine ID. Chromium picolinate and biotin combination improves glucose metabolism in treated, uncontrolled overweight to obese patients with type 2 diabetes. *Diabetes Metab Res Rev.* 2008 Jan-Feb;24(1):41-51.
2. Rideout TC, Harding SV, Jones PJ, Fan MZ. Guar gum and similar soluble fibers in the regulation of cholesterol metabolism: current understandings and future reach priorities. *Vasc Health Risk Manag.* 2008;4(5):1023-33.
3. Roeback JR Jr. et al. Effects of chromium supplementation on serum high density lipoprotein cholesterol levels in men taking beta-blockers. A randomized, controlled trial. *Ann Intern Med.* 1991 Dec 15;115(12):917-24.
4. Schwarz J-M, et al. Thermogenesis in men and women induced by fructose vs glucose added to a meal. *Am J Clin Nutr.* 1989 Apr;49(4):667-74.
5. Williams JA, Lai CS, Corwin H, Ma Y, Maki KC, Garleb KA, Wolf BW. Inclusion of guar gum and alginate into a crispy bar improves postprandial glycemia in humans. *J Nutr.* 2004 Apr;134(4):886-9.
6. Yoon SJ, Chu DC, Juneja LR. Chemical and physical properties, safety and application of partially hydrolyzed guar gum as dietary fiber. *J Clin Biochem Nutr.* 2008 Jan;42(1):1-7.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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sugar levels, reducing serum triglyceride levels in insulin insensitive individuals, and balancing serum HDL levels. In addition, chromium is considered the key nutrient in glucose tolerance factor (GTF), which researchers believe increases insulin receptor sensitivity and enhances glucose transport into cells. Improving insulin sensitivity is key to enhancing fat cell metabolism and burning triglycerides as a fuel during a weight loss program.\*

**PHASEOLAMIN** is a protein extracted from white kidney beans and is known to have anti-alpha amylase activity. Clinical trials in America, Italy, Japan, and Norway have shown a 66% to 75% reduction in starch absorption when phaseolamin is consumed. Placebo-controlled clinical trials found that overweight individuals consuming phaseolamin as part of their diet lost an average of half a pound per week, compared to the placebo group who lost only 0.1 pounds over four weeks.\*

**GUAR GUM** has been added to assist in further flattening of the post-prandial glucose response. Guar gum appears to affect carbohydrate absorption by retarding the emptying of the stomach, inhibiting starch degradation, and reducing glucose absorption in the small intestine.\*

**ALPHA-KETOGLUTARATE** has been traditionally used for preventing muscle protein depletion after surgery or trauma and is included to support muscle protein synthesis.\*

**GREEN TEA** is included as a source of polyphenols and epigallocatechin gallate, shown to be protective against oxidative stress. In addition, green tea is a source of caffeine and has been shown to improve insulin sensitivity and promote metabolism.\*

UltraLean products can be used alone, along with your diet and exercise recommendations, or with other products from the UltraLean family for weight loss and blood sugar management. Your patients have access to a complete family of weight loss and blood sugar control products.\*

Other Ingredients: Whey protein concentrate, inulin fiber (chicory), sunflower oil, medium chain triglycerides, natural flavors, drum/freeze dried strawberries, xylitol, sodium chloride, xanthan gum, potassium citrate, sodium citrate, BeFlora® Plus, turmeric powder (for color), stevia leaf extract.

Contains milk (from whey protein concentrate) and soy (from vitamin E) ingredients.